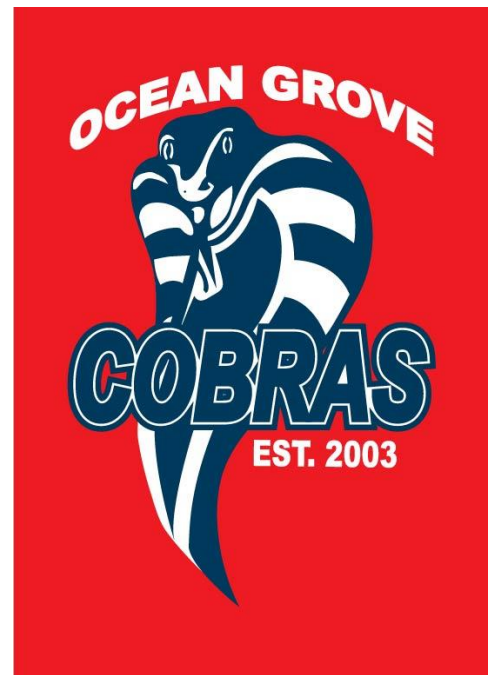


COVID-19 TRAINING PROTOCOLS



*“We all must play our part
for this to work”*

COACHES & HELPERS

Only coaches and designated parent helpers to be on the oval before, during or after training

ARRIVE JUST IN TIME

Arrive no earlier than 5 minutes before training start / finish times for drop-off and pick-ups.

PARENTS STAY IN CAR

For drop off, pick-ups or during training parents are to remain in cars

WASH YOUR HANDS

Coaches, helpers and players must wash or clean hands before and after training.

BRING WATER BOTTLE

No sharing of water bottles, bring your own to training.

KEEP YOUR DISTANCE

Try to remain 1.5m apart from each other during training, no huddles, high fives or contact.

STAY HOME IF UNWELL

If feeling unwell or exposed to someone unwell stay home from training.

GET IN & GET OUT

Children to head straight to training group and back to car once training is finished.

KNOW YOUR GROUP

Please ensure your child knows which end of the oval their training group is located.

