



Ocean Grove Cobras Junior Football Club (OGCJFC)

Medical & Injury Management Policy

Version 1.0

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1. Purpose

The Ocean Grove Cobras Junior Football Club (OGCJFC) is committed to providing a safe environment for all players and volunteers. This policy outlines how medical matters, injuries and emergencies are managed to support safe participation and player wellbeing. It aligns with the Club's Child Safety, Wellbeing & Safeguarding Framework and with AFL Victoria, AFL Barwon and Victorian Child Safe Standards.

Volunteers and officials work within the scope of their role and level of training. This policy is intended to support safe participation but does not replace professional medical advice, diagnosis or treatment.

2. Scope

This policy applies to all players, parents/carers, nominated responsible adults, coaches, team managers, volunteers and committee members involved in OGCJFC activities including training, matches and club events.

3. Parent/Carer Responsibility

Parents/carers must provide accurate medical information and emergency contact details and ensure the Club is aware of any relevant medical conditions. Parents/carers must remain present and observant during all training and matches and are responsible for providing and administering all required medication and individual injury management supports. Players should not participate if medically unfit to do so.

4. First Aid & Medical Match Day

The Club will seek to ensure a trained first aider is present at matches where reasonably possible and first aid kits with general supplies are available.

Volunteer first aiders provide basic first aid only and are not responsible for ongoing care, medical diagnosis or treatment planning. The Club supports and encourages volunteers to undertake first aid and concussion awareness training where available.

5. Injury & Emergency Response

In the event of injury, play may be stopped and first aid provided as appropriate to ensure player safety.

The Club may call an ambulance where it reasonably believes urgent medical attention is required. This decision may be made before or after contacting a parent/carer, depending on the circumstances. Where an ambulance is called, any associated costs are the responsibility of the parent/carer.

If a parent/carer cannot be contacted, the Club may act in the best interests of the player.

An incident record will be completed as soon as practicable following any significant injury or ambulance attendance.

6. Serious Injury Notification

Where a serious injury occurs, the Team Manager or Coach must notify the Committee as soon as practicable and ensure an incident report is completed in accordance with Club's procedures.

Where an incident relates to child safety or wellbeing, it will be managed in accordance with the Club's Child Safety, Wellbeing & Safeguarding Framework.

7. Medication

The Club does not administer medication. Responsibility for medication remains with the player and their parent/carer.

Players who carry prescribed medication (asthma inhalers, EpiPens or similar) must bring this medication to all training sessions and matches and be able to self-administer where appropriate. Parents/Carers must ensure that coaches or Team Managers are aware of any relevant medical conditions and the location of required medication.

In an emergency, a responsible adult or qualified first aider may assist a player to access or self-administer their own prescribed medication where reasonably required for first aid purposes or to prevent serious harm.

The Club does not store medication and accepts no responsibility for the ongoing management or storage of player medication.

8. Documentation & Reporting

The Club will document all significant injuries, suspected head injuries and incidents requiring medical attention. Incident records will be stored securely in accordance with the Club's record keeping, privacy and child safety obligations.

Where a matter relates to child safety, wellbeing or safeguarding, it will be managed in accordance with the Child Safety, Wellbeing & Safeguarding Framework.

Where required, serious incidents may be reported to AFL Barwon in accordance with league requirements.

9. Prevention & Safety

The Club encourages safe playing practices and injury prevention. The Club very strongly recommends all players to wear a properly fitted mouthguard at all training sessions and matches. Responsibility for this rests with the parent/carer, including providing and maintaining protective equipment.

Coaches and officials will take reasonable steps to ensure safe training and match environments.

All members share responsibility for identifying and reporting hazards or safety concerns.

10. Concussion Management

Please refer to our Concussion Protocol for all information relating to concussion management.

Related Policies

Child Safety & Wellbeing Framework

Code of Conduct (Players, Parents, Coaches & Volunteers)

Complaints and Injury Management Policy

AFL Victoria Concussion Management Guidelines

AFL Barwon By-Laws and competition regulation

AFL Victoria Community Club Medical & First Aid Guidelines

AFL Victoria Safeguarding Children & Young people Policy